



January 20, 2017

Registration 8:00-8:30 AM

Workshop 8:30 AM-3:30 PM

CESA #6

2300 State Road 44
Oshkosh, WI 54904

Workshop Contact/Presenter:

Jackie Schoening, MSSW, LCSW

CESA #6

(920) 236-0515

jschoening@cesa6.org

Registration Questions:

Mary Devine (608) 786-4800;

mdevine@cesa4.org

Payable to: CESA #4

Send Payment to CESA #4

ATTN: Mary Devine

923 East Garland Street
West Salem, WI 54669

PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders.

Thank you!



RESILIENCE STRATEGIES FOR EDUCATORS:

TECHNIQUES FOR SELF-CARE AND PEER SUPPORT

Resilience Strategies for Educators: Techniques for Self-Care and Peer Support covers modules developed by the Readiness and Emergency Management for Schools (REMS) Technical Assistance Center. The training is designed to assist caregivers in schools and school districts to better understand resilience strategies following natural disasters and other emergency events.

Course Objectives:

1. Increase awareness and understand the impact of stress, burnout and compassion fatigue on the comprehensive education/academic environment
2. Identify signs and symptoms of compassion fatigue, both professionally and personally
3. Create a professional self-care plan to support and improve effectiveness of current and future work with students impacted by stress, loss and trauma
4. Identify and understand the 5 steps to PFA-LPC in daily classroom situations and emergency management plans.
(PFA= Psychological first aid; LPC= Listen, Protect, Connect)

Cost: \$100/per participant (Lunch is provided)

Register Online:

<http://login.myquickreg.com/register/event/event.cfm?eventid=17091>

